

THIS MEETING IS SPONSORED BY



## VENUE: HOMERTON UNIVERSITY HOSPITAL

The venue address is:  
Homerton University Hospital,  
Homerton Row, London, E9 6SR.  
020 8510 7835



You can find maps and more detailed local road directions on our website  
[www.homerton.nhs.uk](http://www.homerton.nhs.uk)

# LONDON <sup>5<sup>th</sup></sup> SPORTS INJURIES SYMPOSIUM

## THE HIP & GROIN

THURSDAY MAY 22ND 2014

Homerton University Hospital NHS  
NHS Foundation Trust



Homerton  
2012 hospital

Top National  
/ International  
Faculty

THE HIP  
SPORTS HIP AND  
GROIN  
THURSDAY MAY  
22ND 2014

Cost  
£20

### Speakers for Meeting

Richard Villar  
*Pioneer of Hip  
Arthroscopic Surgery*

Prof Maxim Fehily  
*Manchester*

Ed Bache  
*Royal Orthopaedic Hospital*

Marcus Banks  
*Guys and St Thomas' Hospital*

SYMPOSIUM  
CONVENORS  
Peter Resteghini  
*Consultant Physiotherapist*  
Ziali Sivardeen  
*Consultant Surgeon*

DATES  
FOR  
UPCOMING  
MEETINGS  
ARE:

THE  
SPORTING  
KNEE  
Mon 24th Nov  
2014

Special Practical Section with  
Practical Simulation of Laparoscopic  
Hernia Repair, Hip Arthroscopy  
and Ultrasound

THE  
SPORTING  
SHOULDER  
AND ELBOW  
Tues 25th Nov  
2014

All  
meetings  
Awarded 5  
CPD  
points

For further information or  
to register please contact:

Bhavesh Kumar and Sai Balakrishnan.  
Email: [sports@homerton.nhs.uk](mailto:sports@homerton.nhs.uk)

# Sports Hip & Groin Meeting

22nd May 2014

|       |  |                                     |
|-------|--|-------------------------------------|
| 08:30 | REGISTRATION AND COFFEE                  |                                     |
| 08:50 | WELCOME                                  | ZIALI SIVARDEEN<br>PETER RESTEGHINI |
|       | CHAIRMAN - PETER RESTEGHINI              |                                     |
| 09:00 | ANATOMY OF HIP AND GROIN                 | SAM HEATON                          |
| 09:15 | CLINICAL ASSESSMENT OF THE HIP AND GROIN | NATASHA PICARDO                     |
| 09:30 | NON - OPERATIVE MANAGEMENT OF FAI        | GRAHAM BURNE (GUYS)                 |
| 09:50 | GUIDED INJECTIONS                        | PETER RESTEGHINI                    |
| 10:10 | QUESTIONS & ANSWERS                      |                                     |

## 10:20 COFFEE

|       |  |                            |
|-------|--|----------------------------|
|       | CHAIRMAN - SIMON BALL  |                            |
| 10:40 | GROIN PAIN IN ADOLESCENTS  | ED BACHE (BIRMINGHAM)      |
| 11:00 | <b>KEYNOTE LECTURE</b><br>HIP ARTHROSCOPY – PAST, PRESENT AND FUTURE | RICHARD VILLAR (CAMBRIDGE) |
| 11:30 | FEMEROACETABULAR IMPINGEMENT   | MAX FEHILY (MANCHESTER)    |
| 11:50 | QUESTIONS & ANSWERS  |                            |
| 12:00 | SO YOU WANT TO GET PUBLISHED?  | RICHARD VILLAR             |
| 12:20 | SPORTSMANS HERNIA  | YASH KOAK                  |

## 12:35 LUNCH

|       |  |  |
|-------|--|--|
|       | CHAIRMAN - AMER KHAN   |  |
| 13:35 | <b>PRACTICAL SESSIONS</b><br>A) LAPAROSCOPIC HERNIA (LAP MENTOR)<br>B) HIP ARTHROSCOPY (SMITH AND NEPHEW)<br>C) ULTRASOUND | SANJAY AGARWAL<br>MAX FEHILY<br>PETER RESTEGHINI |
| 14:35 | HAMSTRING INJURIES   | AMER KHAN  |
| 14:50 | HIP TENDONPATHIES  | MAX FEHILY                                       |
| 15:05 | QUESTIONS AND ANSWERS  |  |

## 15:15 COFFEE

|       |  |                      |
|-------|--|----------------------|
|       | CHAIRMAN - ZIALI SIVARDEEN                         |                      |
| 15:30 | RADIOLOGY AND PLANNING FROM A SURGEONS PERSPECTIVE | MARCUS BANKES (Guys) |
| 15:50 | HOW TO MANAGE THE COMPLEX HIP                      | MAX FEHILY           |
| 16:10 | OSTEOARTHRITIS IN THE RECREATIONAL ATHLETE         | MARCUS BANKES        |
| 16:30 | QUESTIONS & ANSWERS                                |                      |
| 16:40 | CONFERENCE CLOSE                                   |                      |